

**A RECOVERY JOURNEY: BASICS & BEYOND – WASHINGTON
STATE INSTITUTE ON ADDICTIONS TREATMENT**

Crystal Methamphetamine Treatment Workshop

June 25 – 27, 2008

Yakima Convention Center

Yakima Washington

Presenter: Joseph B. Stone, Ph.D., SAC Level III, ICADC, CADC Level III
Chief Behavioral Health Services – Gallup Indian Medical Center

Dr. Joseph B. Stone is an enrolled member of the Blackfeet (Pukuni) tribe of northern Montana and has paternal lineage from the Lakota and Chippewa tribes. He is a licensed psychologist in Washington and Oregon, a licensed mental health counselor in Washington and an internationally certified alcohol and drug counselor working as Chief: Gallup Indian Medical Center Behavioral Health Service. He lives in Gallup, New Mexico with his wife Deanna L. Crask-Stone, a Social Worker and two adopted Navajo sons: Jerry (eight) and Jesse (seven). Dr. Stone's interests are in the development and integration of a clinical framework recognizing the issues of historical trauma & intergenerational, post-colonial stress with a healing framework of tribal and cultural values, beliefs, and strengths.

Three Post-Test Questions and Answers:

Methamphetamine abuse leads to a rather benign dependence which has little effect on the dependent individual and her or his family and community and often resolves itself with a fairly brief verbal discussion in a counselor's office?

This is false, methamphetamine is a potent chemical leading quickly to physiological dependence of a robust order and requiring in-depth and significant efforts at intervention. The effects on the individual, family, and community are enormous.

What sort of effect does methamphetamine have on the human brain?

Methamphetamine has serious and long lasting effects on the human brain, and when the addictive process has been ongoing for a significant period of time, the human brain requires rest and nutrition to deal regain normal functions.

What evidence is there that methamphetamine dependence of parents effects the youngest members of the community, their children?

One example is the vast upsurge in the need for foster care in Marian County, Oregon which is directly attributable to increase of methamphetamine dependence and arrests for that in that county.

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Title of Workshop Presentation: Methamphetamine Dependence Treatment

Course Level: Advanced, but, I will make certain the complex concepts are adequately explained and discussed for intermediate and beginning practitioners. I encourage administrators and program level workers to attend this training.

Abstract: Methamphetamine is a virulent and potent chemical of abuse, with a powerful physiological mechanism of addiction and dependence for the individual, which translates into family and community harm of the most serious nature. Treatment is possible and requires a significant and robust effort on the part of the dependent individual, their family, the community, and the treating professional to be successful.

Detailed Description: The modern clinical, behavioral model of vulnerability to methamphetamine addiction and modern clinical behavioral treatment of methamphetamine addiction is described and contrasted to the ancient First Nations model of spiritual vulnerability and spiritual treatment of methamphetamine addiction and appropriate integration of these perspectives is recommended and discussed.

Room Set-Up: A large circle is best.

Audio-Visual Request: Over head Projector and computer and a set of flip charts and easel with colored pens.